Opera InSight 2020
Core Objectives

At the conclusion of the seminar you should be able to:

1. Demonstrate how ethics plays a central role in decisions made in psychotherapy.
2. Illustrate how ethics is an ongoing process rather than a set of rules, by applying concepts of this seminar to one of your cases.
3. Define the concept of “decision making” as applied to psychotherapy.
4. Apply psychotherapy techniques of decision making to three dramatic situations in the opera Tristan und Isolde.

Session Objectives

Introduction
At the conclusion of the introduction you should:

1. Be able to list the seminar Objectives and content.
2. Define what is meant by “Ethical dimensions in psychotherapy.”
3. Be able to briefly describe “Psychotherapy decision making” as used in this seminar.

The Psychology of Tristan und Isolde
At the conclusion of this session you should:

1. Describe the main narrative of Tristan und Isolde.
2. Be able to describe the psychological characteristics of the main characters.
3. List three decisions central to psychological understanding of opera.

Decision Making: Ethics and the Opera
At the conclusion of this session you should:

1. For one of the title characters in Tristan und Isolde, explain how the character’s actions and conflicts might be considered in a psychotherapy context.
2. Describe the clinical basis for decision making.
3. Be able to explain the relationship of Ethics to Decision Making in Psychotherapy.
Opera Illustrated Ethical Decision Making Relevant to Psychotherapy

At the conclusion of this session you should:

1. Be able to identify decision points of the opera and explain them psychologically.
2. Given the identified choice points, describe relevant ethical concerns.
3. In a paragraph, explain how your ideas of these psychological and ethical concerns have been affected because of this course.
4. Describe how clinical decision making might be used in your own practice.

Conclusion and Seminar Evaluation

At the conclusion of this session you should:

1. For any opera, be able to identify psychological ethical issues in any choice point and then by analogy apply these to real life clinical encounters.
2. For CE credit, demonstrate competent understanding of seminar material, including seminar feedback form.